

# Fern Executive & Physician Coaching Presents:

# Adaptive Development

## For Physicians & Healthcare Executives

CME  
Certified

Fern EPC coaching develops the adaptive capacities needed for physicians to lead with more competency and to face complexity with greater psychological and emotional agility. Take your adaptive capacity to a higher level. Contact us for an informational interview to see if our coaching is right for you.



**Brad Fern** is founder, president, and co-owner of Fern EPC. He holds certification in four coaching modalities, is a licensed psychotherapist, and is a nationally credentialed trauma specialist. With his extensive experience supporting executives, physicians, and physician leaders, he provides value through a unique blend of “hard” and “soft” skills. Brad says, *I help my physician and executive clients reach the higher levels of adaptive development and complex thinking they need in today's healthcare world.*



**Kelly Fern** is VP and co-owner of Fern EPC. She is *Immunity to Change* trained, a somatic experiencing specialist, and a licensed psychotherapist. Kelly uses a holistic approach and incorporates evidence-tested methods to help her clients be more effective. Kelly Says, *I help my clients gain more energy and capacity by combining ITC and embodied approaches.*



**Scott Nelson, MD** is *Immunity to Change* trained. Scott says, *I work with my clients around meaning and burnout to help them reconnect with their passion and become more open to the rich complexity of their personal and professional lives.* In addition to coaching for Fern EPC Scott is an internist working in a Minneapolis hospital.

#### Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Colorado Medical Society and Fern EPC. The Colorado Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

#### Credit Designation:

The Colorado Medical Society designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Non-Physicians:

All non-physician participants will receive a certificate of completion.



REGISTER

### Physicians & Healthcare Executives

- Each Fern EPC Coaching session is 90 mins
- Meetings scheduled to fit your busy schedule
- Each session is certified for 1.5 *AMA PRA Category 1 Credits™*
- 4-Session Connection Program

### CONTACT US

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